

# Charles Izzo

## Web Bio

### Information

#### Biography

##### Biographical Statement

Charles Izzo has a Ph.D. in Clinical Psychology and has experience conducting research in applied settings. He has conducted research looking at factors that affect caregiving practices, and how youth-adult relationships and interactions influence child behavior and development. His work also examines the pathways by which programs produce intended changes in the children and families they serve.

Dr. Izzo is also experienced working with administrators to make use of secondary data, helping local agencies with program planning and development, and training non-academics in research methods.

##### Department Website Summary

Charles Izzo is a Research Associate at the BCTR. He has a Ph.D. in Clinical Psychology and his research focuses on factors that affect caregiving practices, and studying the impact of community programs for children and families.

### Professional

#### Current Professional Activities

Currently leading a 16-site evaluation, funded by The Duke Endowment, of a program to enhance the quality of residential care settings for youth.

Also engaged in a system-wide study examining the implementation of a home visiting program serving families in the U.S. Army.

### Research

#### Current Research Activities

My research aims to advancing scientific knowledge about the multi-level processes by which programmatic interventions influence human functioning and health. I am most interested in (1) studying the factors that influence the quality of interactions between those in the helping professions (home visiting nurses, residential care workers) and the clients they serve, and (2) translating that knowledge in a way that practitioners and administrators can apply in their daily

professional practices.

Finally, my work involves trying to apply rigorous scientific methods to examine complex phenomena in "messy" community settings.

#### **Specific Initiatives:**

I currently lead the research component of a project that studies the pathways through which interventions with staff in residential child care facilities influence relational processes among youth and adults, youth and adult well-being, and organizational functioning. Status: We are in the midst of delivering the intervention, collecting and analyzing data, and providing data summaries to agencies.

I am also beginning a project using administrative data to examine factors that affect the quality of service provided to pregnant and new parents involved in the military, as well as parent and child well-being. Status: This project is in the planning phase.

### **Extension**

### **Education**

#### **Education**

In 2000, received Ph.D. in Clinical Psychology from the Department of Psychology at the University of Illinois at Chicago

### **Courses**

### **Websites**

### **Administration**

#### **Administrative Responsibilities**

I direct research activities with regard to the evaluation of the CARE program, and supervise a full-time Research Support Specialist who works on this project.

### **Publications**

#### **Selected Publications**

Holden, M., Izzo, C., Nunno, M., Smith, E., Endres, T., Holden, J. & Kuhn, F. (2010). Children and Residential Experiences: A Comprehensive Strategy for Implementing a Research-Informed Program Model for Residential Care. *Child Welfare*, 89(2), 131-149.

Izzo, C.V., Smith, E.G., Biemer, P., & Christ, S.L. (2009). *Latent classification of physical abuse as a predictor of adolescent functioning*. In M.B. Webb & K. Dowd (Eds.), *Child Welfare and Child Well-being*. Oxford University Press.

Izzo, C. V., Eckenrode, J. E., & Olds, D. L. (2005). Reducing the Impact of Uncontrollable Stressful Life Events through a Program of Nurse Home Visitation to New Parents. *Prevention Science*, 6(4), 269-274.